#### CONTACT



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2 Main Street North Chelmsford, MA 01863

#### EDUCATION

#### BACHELOR OF SCIENCE, NURSING

Regis College, Weston, MA A National League for Nursing Center for Excellence in Nursing Education May, 2017 | Graduated Magna Cum

#### Awards/Distinctions:

- Valedictorian of the Class of 2017. Awarded to the student with the highest final cumulative average and clinical excellence at the end of the curriculum.

#### ASSOCIATE OF SCIENCE. NURSING

Lawrence Memorial/Regis College School of Nursing, Medford, MA A National League for Nursing Center for Excellence in Nursing Education May, 2013 | Graduated Magna Cum Laude

#### Awards/Distinctions:

- Valedictorian of the class of 2013. Awarded to the student with the highest final cumulative average and clinical excellence at the end of the nursing curriculum.
- Student Book Award, May 2013. Awarded to the student selected by their classmates for making substantive contributions in leadership, support, and determination.
- Helen Buss Towle Memorial Scholarship, March, 2013. Awarded for excellence in Foundations of Nursing Practice, Adult Nursing Practice, and Family Focused Nursing Practice.

### MASTER OF SCIENCE, EDUCATION Simmons College, Boston, MA May, 2010 | Graduated Summa Cum

#### BACHELOR OF SCIENCE. **EDUCATION**

Fitchburg State University, Fitchburg,

January, 2006 | Graduated Summa Cum Laude

### KRISTIN KINGLOCKE, M.Ed., BSN, RN, CCRN



#### REGISTERED NURSE

#### SUMMARY

A dedicated, experienced, certified Critical Care Nurse and Educator with a strong foundation of critical thinking and clinical judgement. Committed to providing the highest quality of compassionate, culturally competent evidence-based care to a diverse background of critically ill patients. Established success functioning as a key player of the interdisciplinary, rapid response, and code blue teams.

#### PROFESSIONAL WORK EXPERIENCE

#### REGISTERED NURSE/CHARGE NURSE/PRIMARY PRECEPTOR INTENSIVE CARE UNIT

Lowell General Hospital, Lowell, MA | April, 2017 — Present An AACN Beacon Gold Unit; A Magnet Designated Healthcare Organization

- Registered Nurse in a 23-bed ICU delivering care to critically-ill and injured adult and geriatric patients and their families, including traumas. Critical medical and surgical conditions including SIRS/sepsis, shock (cardiogenic, hypovolemic, anaphylactic, septic, and neurogenic), heart failure, post cardiac arrest care, post myocardial infarction care, advanced hemodynamic monitoring and circulatory support devices, respiratory failure (invasive and noninvasive ventilatory support), central nervous system crises and neurosurgery (including stroke and TBI), multisystem organ failure, renal, GI, oncology, vascular, endocrine, and unstable post-op/postpartum (including postpartum hemorrhage and eclampsia).
- Leads a team of Registered Nurses, Techs, Unit Coordinators, and Interdisciplinary Support Personnel in the provision of optimal quality care within available resources. Assesses the overall needs of the individual patients and allocates appropriate available resources and nursing staff, providing adequate supervision, support, and guidance where necessary.
- Proficient in preparing, monitoring, and caring for critically ill patients during emergent and nonemergent bedside procedures, including endotracheal intubation, tracheostomy, cricoidectomy, thoracentesis, paracentesis, chest tube insertion, lumbar puncture, central/arterial line insertion, cardioversion, incision and drainage, bronchoscopy, endoscopy/ colonoscopy, blood transfusions, external pacing/transvenous pacemaker insertion, neurosurgical burr holes, drain placement and intracranial pressure monitoring, pulmonary artery catheter, urinary catheterization, enteral (OG/NG/G/J/PEG) tube placement, thrombolytic therapy.
- Key member of hospital-wide Rapid Response/Code Blue team, responding to internal emergencies in all areas of service to patients demonstrating signs of imminent clinical deterioration with the goal of preventing injury, respiratory arrest, cardiac arrest, or death.
- Primary preceptor to new staff and nursing students, assisting in planning, implementation, and delivery of care to critically ill patients while meeting the unique needs of each individual learner.

# LICENSE & CERTIFICATIONS

#### Registered Nurse

Massachusetts Board of Registration in Nursing License  $N^{\circ}$  RN2287463

## Critical Care Registered Nurse (CCRN)

American Association of Critical Care Nurses Certified since March, 2017

## Advanced Cardiovascular Life Support (ACLS)

American Heart Association Certified since March, 2017

#### Basic Life Support (BLS)

American Heart Association Certified since August, 2010

#### Certified Nonviolent Crisis Intervention Instructor

Crisis Prevention Institute (CPI) Certified since October, 2016

#### NIH Stroke Scale Certification

National Institute of Health Certified since January, 2018

#### National Incident Management System (NIMS) Certification

FEMA, US Dept of Homeland Security Certified since May, 2013

## Incident Command System (ICS) Certification

FEMA, US Dept of Homeland Security Certified since August, 2013

#### PROFESSIONAL MEMBERSHIP

American Association of Critical Care Nurses (AACN)

American Heart Association (AHA)

Upper Merrimack Valley Medical Reserve Corps (UMVMRC)

#### ENGAGEMENT

ICU Unit Based Council- Chair since January, 2022; Member since 2017

AACN Beacon Committee- Chair since January, 2019

Nurse Practice Council- Member since 2018

Evidence Based Practice & Research Council- Member since 2018

### KRISTIN KINGLOCKE, M.Ed., BSN, RN, CCRN



#### REGISTERED NURSE

#### WORK EXPERIENCE CONTINUED

Active participant in quality and performance improvement initiatives.
 Implemented CHG bathing as part of our central line care protocol for ICU patients in 2021, resulting in a 45% reduction in Central Line Associated Blood Stream Infection (CLABSI) rates. Instituted an evidence-based practice change in our tube feeding protocol in 2019, resulting in a 75% increase in optimal caloric intake for our ICU patients.

#### Awards/Distinctions

- Recipient of the 2020 Nursing Excellence Award for Excellence in Continued Professional Development.
- Nominee for the 2022 Nursing Excellence Award for Excellence in Professional Practice.

#### ADJUNCT CRITICAL CARE CLINICAL INSTRUCTOR

Merrimack College, North Andover, MA | August, 2021 — Present

• Responsible for teaching, guiding, and evaluating senior nursing students in the provisions and delivery of high-quality care to critically ill/injured patients in the classroom, clinical, and simulation lab settings.

#### REGISTERED NURSE, INTENSIVE CARE UNIT

Lawrence Memorial Hospital, Medford, MA | October, 2016 — April, 2017 A Magnet Designated Healthcare Organization

• Provided direct care to adult and geriatric patients with diverse medical and surgical needs in an 8-bed ICU.

# REGISTERED NURSE/PERMANENT CHARGE NURSE/PRECEPTOR, INTERMEDIATE CARE UNIT

Lawrence Memorial Hospital, Medford, MA | December, 2013 — October, 2016 A Magnet Designated Healthcare Organization

Provided direct patient care, leadership, and education to patients and staff on a 42-bed high-acuity telemetry monitored intermediate care unit.

• Developed and instituted a system-wide Early Warning System (EWS) tool to rapidly identify clinically deteriorating patients and intervene/escalate care accordingly, resulting in a 60% reduction in unplanned ICU transfers, 39% reduction in Code Blue/Cardiac Arrest calls, 47% reduction in patient injury, and 23% reduction in mortality.

REFERENCES AVAILABLE ON REQUEST.